



# Dr Deborah Houghton

BChD DWSI Injectable Aesthetic Medicine  
Dental Surgeon and Medical Facial Aesthetic Clinician

## CONTACT INFORMATION



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Dr. Deborah Houghton



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## EDUCATION

### BACHELOR OF DENTAL SURGERY BChD

Leeds University  
(2<sup>nd</sup> place of 54 students)

## PROFESSIONAL TRAINING

### ADVANCED PERIODONTAL TRAINING

RW Harley Street, 2024

### ADVANCED COMPOSITE TRAINING

Durham  
2024

### GENERAL DENTISTRY

Private Practice, Stratford  
2024

### CPD (500 HOURS)

Including 75 hours of peer review and 35 hours of clinical audit  
2019-2025

### FACIAL AESTHETIC PRACTICAL AND THEORY TRAINING

Prof Bob Khanna (Fellow of The International Academy for Facial Aesthetics)  
2010-Current

## PROFESSIONAL PROFILE

A VERSATILE DENTIST WITH A STRONG WORK ETHIC, 24 YEARS QUALIFIED. A CLINICIAN WITH NATURAL FLAIR WHO CARES ABOUT GETTING THE RIGHT RESULT. BUILDS TRUST AND EMPATHY WITH PATIENTS, QUICKLY AND APPROPRIATELY, WHILST CONVEYING BOTH PROFESSIONALISM AND KNOWLEDGE.

AN ABILITY TO MANAGE DIFFICULT SITUATIONS WITH CONSIDERABLE INSIGHT. AN EYE FOR DETAIL AND METICULOUS IN HER WORK.

PRIVATE PRACTICE EXPERIENCE WITH SPECIAL INTEREST IN FACIAL AESTHETICS AND PERIODONTICS, MENTORING TEAMS AND ALLOWING THEM TO FULFILL POTENTIAL, ADDING GOODWILL TO PRACTICES.

## EXPERIENCE

### Private Dental Surgeon for BUPA

Nottinghamshire

2024-Current

### Facial Aesthetic Clinician

Stamford (10 years) & Newark (9 years)

2010-Current

#### Core Responsibilities:

- Providing expertise in facial aesthetic treatments including mouth line, cheek and neck enhancements, anti-ageing, tear trough correction for under-eye rejuvenation, non-surgical rhinoplasty, chin enhancement and jawline contouring.

#### Key Achievements:

- Operating as part of a multidisciplinary team, has completed over 15,000 cases, using multiple agents, as one of the most experienced clinicians in the U.K.
- Completed regular postgraduate training and attended international conferences, and was invited to participate in 'The Inner Circle' aesthetic event in Switzerland.
- Providing support and coaching for colleagues with patient complaints, personal and career development.
- Business mentor, delivering regular residential in-house training and presentations for both potential clients and to upskill staff. Currently mentoring a Doctor of Dental Sciences from Ukraine.
- Highly skilled in full-face facial rejuvenation and has successfully completed several complex cases.
- Dentistry - since 2019, has undertaken approximately 500 hours of verifiable CPD, with a particular emphasis on Periodontal health and Injectable Aesthetic Medicine. This includes 75 hours of peer review and 35 hours of clinical audit.
- Special interest in treating furcation involvements and regenerative treatment for bony defects e.g., using of Bio-Oss® and Emdogain® with knowledge of how dentine sensitivity can impact the periodontal patient.
- Passionate about optimising the periodontal tissues as a gateway to advanced restorative treatments.

## KEY SKILLS

- Accepting Referrals
- Attention to Detail
- Ongoing CPD
- Organised and Motivated
- Client Focused
- Expert Communicator
- Dental Software (Software of Excellence, R4) & Imaging
- Training & Development
- Manages Challenge

## CONFERENCES

British Society of Periodontology  
Conference  
Oct 2024

FACE Medical Aesthetics  
Conference  
2022-2024

Aesthetic Medicine Live  
2017-2024

## MEMBERSHIPS

**FD Advisory Committee Member**  
2002-2005

*Elected to sit on a committee of 8 dental surgeons, including senior members of the profession, to appoint new FD Trainers*

**General Dental Council GDC**  
First Registered 2001

**British Dental Association BDA**  
Member & Indemnified

## EXPERIENCE CONTINUED

### Dental Surgeon (Associate)

Mixed Practice | *South Yorkshire*

2011-2015

- General Dentist with a special interest in Periodontics, obtaining excellent results for patients.
- Took a lead role in Facial Aesthetics, providing multiple services.
- Providing routine dental examinations, performing complex procedures, and developing and implementing personalised patient treatment plans.

### Dental Surgeon (Practice Partner)

Mixed Practice | *Lincolnshire*

2007-2011

- Leading a large practice team of around fifty employees, providing training and mentoring, fostering a culture of learning and upskilling.
- Providing routine dental services and treatments for patients.
- Special Interest in Aesthetics/Implant retained crown and bridge on referral.
- Serviced a very large NHS list, Denplan list and fee per item Private list, thus increasing the value of the goodwill most significantly.

### Dental Surgeon (Associate)

NHS Practice | *Lincolnshire*

2002-2007

### Dental Surgeon (Foundation Yr.)

NHS Practice | *Lincolnshire*

2001-2002

## AESTHETIC TREATMENT EXPERIENCE

- Ageing hands
- Blepharoplasty, non-surgical
- Cheek Enhancement
- Correction of Down Turned Corners of the Mouth
- Dark circles around the eyes
- Dissolving of excess body fat
- Dry Skin
- Forehead Wrinkles
- Lip Enhancement and Correction of Asymmetry
- Mouth Line Enhancement
- Neck Rejuvenation
- Non-surgical Jaw Line Treatment
- Nose Enhancement
- Oily skin
- Other areas of anti-ageing and wrinkle reduction
- Revision of Scar Lines
- Skin Conditioners to improve skin condition
- Hair rejuvenation
- Treatment for Malalignment of the occlusion (jaws), gummy smile, and jawline.
- Treatment of Back/Shoulder ache
- Treatment of Bell's Palsy
- Treatment of Crow's Feet
- Treatment of Double chin
- Treatment of Enlarged Masseters, Bruxism, and Tooth wear
- Treatment of Excessive Sweating
- Treatment of Facial Ageing e.g. volume loss
- Treatment of Facial Deformity which has an adverse psychological impact on the patient
- Treatment of Headache
- Treatment of skin diseases such as Acne, Rosacea
- Treatment of Skin Health to protect the skin from further harm and deterioration
- Treatment of Stroke patients

## TESTIMONIALS

Professional, efficient and engaging,  
I would never consider consulting anyone else.  
-G, Director General British Civil Service

What made the difference was her ability to give first-class support and guidance, constantly going that extra mile.  
Empathetic, a top clinician.  
- T, Former Director General of Ofgem

Her attention to detail and technical ability cannot be overstated.  
- Barrister and Arbitrator, KC

I am extremely impressed with her ability to deliver natural-looking results. Her expertise is second to none, and she is clearly at the top of her industry.  
- Head of chambers, Master of the libraries, KC

I travelled from Spain today for this appointment and did so gladly! Extremely, knowledgeable, discreet and trustworthy.  
-Mrs A, CEO Oil Company

The best I have seen in 25 years  
-Lady RFA

Above all she works with commitment and compassion. Together we achieved a result which surpassed every possible expectation. I would recommend her without any reservation as she is truly a first class operator with undoubtable talent within this field.  
- Dr S, NHS Consultant

Always a fabulous experience...always a pleasure.  
-Mrs M, Commercial Director at the Department of Health  
NAMES OF CLIENTS AVAILABLE ON REQUEST

## CLINICAL AUDIT

An anonymous survey conducted with 50 patients in April 2024 yielded the following results with additional patient feedback: -

- "She carefully explains the procedure and results are always as explained, an excellent service"
- "Gives sound advice and choices, wonderful service"
- "Always gives ample time to listen and advise"
- "Everything is explained well, and time is taken to ensure I understand fully."

	Strongly Disagree	Disagree	Neither Agree/Disagree	Agree	Strongly Agree
<b>April 2024</b>					
The clinician usually runs to time	0	0	0	5	45
The clinician communicates well	0	0	0	3	47
I find the clinician knowledgeable	0	0	0	5	45
The clinician treats me with respect	0	0	0	3	47
The clinician works ethically	0	0	0	3	47
The clinician takes an interest in what I have to say	0	0	0	3	47
The clinician takes enough time at my appointment	0	0	0	3	47
The results obtained usually meet my expectations	0	0	0	6	44
I feel I could contact the clinician if I needed to	0	0	0	4	46
I find the environment pleasant	0	0	0	4	46
<b>TOTALS</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>39</b>	<b>461</b>

